



You're Unique...Your skin care should be too

Post-Thermocoagulation Care

- Always wash hands prior to touching treated area
- Do not touch, stretch or manipulate the treated area for at least 24 hours following treatment.
- Clean the treated area very gently using fingers and facial cleanser. Do not use a facecloth, facial brush or sponge.
- If you wish to wear makeup over a recently treated area, gently apply foundation using clean fingers. Avoid sponges as they often carry bacteria.
- To avoid hyperpigmentation, use sunscreen and avoid sun exposure, including tanning salons.
- Apply cold compresses if the area feels hot. Do not use ice.
- Apply a medicated preparation such as Polysporin®, or Neosporin®, as well as the product provided by the esthetician.
- Following treatment, do not drink alcohol for 24 hours.
- Following treatment, do not take aspirin for 48 hours.
- Drink plenty of fluids before and after the treatment.

WARNING:

- Do not pick at or remove scabs! Removing scabs prematurely may cause red marks which could take several months to disappear.

To reduce the risk of developing new vascular blemishes, clients should follow these recommendations:

- Avoid sun exposure and tanning beds, wear sunscreen at all times.
- Avoid extreme temperature variations, hot baths, saunas and hot tubs.
- Avoid heating masks, acid peels and treatments that emit intense heat.
- Avoid alcohol and spicy foods.

If you have any questions or concerns, please do not hesitate to contact me.

Angela Bacon